



# Lahore American School

Established 1956





"Passion - Innovation - Collaboration"







## CONTENTS

Superintendent's Welcome

Our Mission, Beliefs, and Profile of Graduates

10 Reasons to Choose LAS

Faculty

Facilities

### Academic Program

- Early Years
- Elementary School
- Middle and High School

Advanced Placement Program and AP Capstone

- AP Scholar Award AP Capstone
- AP Capstone
- AP Courses offered at LAS

Counseling and Wellbeing

- Child Safeguarding
- College and Career Counseling

College Acceptances

School-Wide Extracurricular Activities

Admissions at *Lahore American School*

Contact Us

Lahore American School is fully accredited by The Middle States Association of Schools and Colleges and is a member of Council of International Schools (CIS).



## Welcome Message from the Superintendent

**Dr. Peter M. Toscano**



### Welcome Message from the *LAS* Superintendent, Dr. Peter M. Toscano

Welcome to *Lahore American School*, one of the oldest, most prestigious international schools in Pakistan. Founded in 1956, it proudly served the local community for 66 years. Our graduating classes have a tradition of excellence with acceptances to distinguished schools like Cornell, New York University, Georgetown, Northeastern, Rutgers, McMasters University, and UCLA. Many of our alumni have gone on to successful careers in business, law, medicine, finance, entertainment, and politics. This year's graduating class of 2026 should be no exception.

Here at *LAS*, we pride ourselves on our American-style education that stresses innovation, independent thinking, and character development.

Our High School has a rigorous AP program with a variety of courses and is the first school in Pakistan to offer the AP Capstone, which we added in 2023. It's an innovative program of study that focuses on college-level research and advanced writing and presentation skills. It's great preparation for university academics.

Our Elementary School is recognized for its student-first approach and its ability to support a variety of learners, while our Middle School is not only a place where students prepare for the challenges of High School, but also a place where students can actively explore their world, both locally and globally, with programs like "Week Without Walls."

As a school, our goal is to develop the whole child by offering generous options in academics, arts, athletics, and activities.

With our highly qualified faculty of foreigners and locals (over 70% possess MAs or above) and with incredible facilities, *LAS* is a wonderful, caring place that embraces its students with warmth and takes seriously its charge to develop the next leaders of this great country.

I certainly hope that you'll take the time to visit us and consider becoming a part of our long tradition of academic excellence.

Sincerely,

**Peter M Toscano, Ed.D.**

Superintendent, *Lahore American School*



## Our Mission

The LAS mission is to foster an inclusive environment, where students are supported on their journey to becoming independent thinkers, lifelong learners, global citizens, and empathetic individuals.





## Our Beliefs

At LAS, we believe that:





## Our Profile of Graduates

Academic – Social – Emotional

### Academic

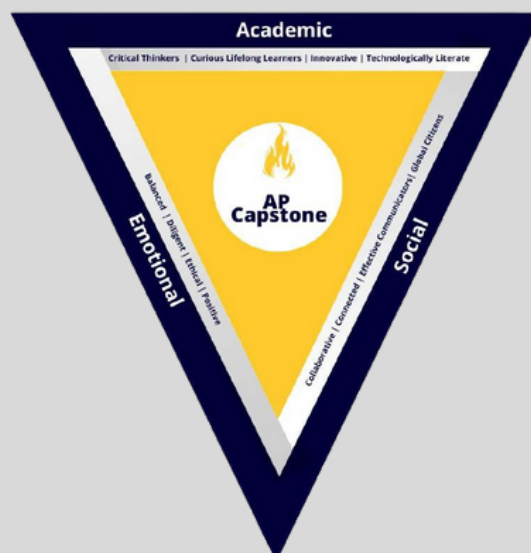
<b>Critical Thinkers</b> Strong critical thinkers, with the ability to make sense out of complexity and to solve problems, and make decisions rationally, creatively, and ethically.	<b>Curious Lifelong Learners</b> Curious about the world around them. They approach life with a sense of wonder and know that learning never stops.	<b>Innovative</b> Flexible risk-takers who can design, implement, and evaluate creative solutions to problems.	<b>Technologically Literate</b> Able to navigate technology and to critically assess and develop content that uses new media forms, leveraging these media for persuasive communication.
---	--	---	---

### Social

<b>Collaborative</b> Able to work well with others as part of a team. They know how to lead, but also how to follow. They know how to unleash the potential of a group resolve conflicts.	<b>Connected</b> Connected to both the local and global communities and appreciate their own cultural eritage while remaining open to and respecting traditions, values, and perspectives of others.	<b>Effective</b> Communicators Passionate readers, skillful writers, confident speakers, and careful listen- ers in more than one language.	<b>Global Citizens</b> Accepting the values, beliefs, and perspectives of others, and able to operate effectively and with empathy in different cultural settings.
--	---	---	---

### Emotional

<b>Balanced</b> Academically, physically, socially, and emotionally healthy in body and mind.	<b>Diligent</b> Focused and determined with excellent organizational and time management skills. responsibility for, and pride in, doing their own work.	<b>Ethical</b> Honest, fair, respectful, responsible, and environmentally conscious.	<b>Positive</b> Confident in themselves yet supportive and appreciative of the efforts of others. Always ready to help.
--	---	---	--



## 10 Reasons to Choose LAS

1

Oldest Accredited School in Lahore (1983)  
Middle States Association (MSA), member of Council of International Schools (CIS)

2

A Rich History  
6 decades of educating the most distinguished families in Lahore.

3

World-class Faculty  
75% with an MA or above, 50% foreign teachers

4

Small Class Sizes  
Average 6.8:1

5

Extensive AP Program  
Including the first AP Capstone Program in Pakistan

6

Top University Admissions  
NYU, Penn, Georgetown, UC Berkeley, and University of Chicago

7

Personalized/Individualized Learning  
We seek to embrace our students' passions, and counselors provide one-on-one interactions.

8

Commitment to Best Teaching Practices  
We focus on research developed by leading educational practitioners.  
(inquiry/project-based - design thinking)

9

Full Extracurricular Program  
Over 50 sports and activities

10

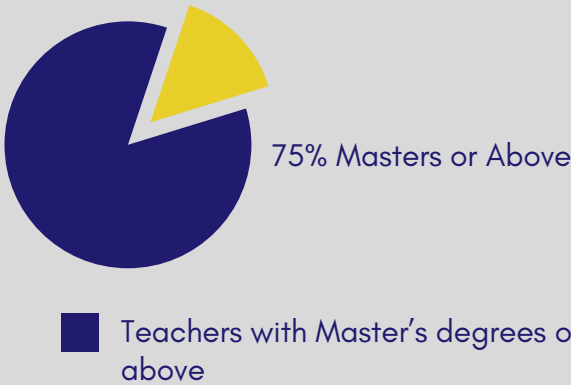
Passionate Parent Community We're a non-profit society led by a parent-elected School Board.



**Faculty**

School faculty are passionate educators dedicated to providing advanced approaches to teaching and learning to our students. Our faculty, like the student body, represents a variety of nationalities. The school has two major divisions: Elementary (Preschool through Grade 5) and Secondary (Grades 6 through 12).

**Teacher’s Education**



All faculty members are well qualified and experts in their respective fields. The majority of teachers have a Master’s degree or above (75%), a teaching certification, and at least two years of teaching experience.

All elementary homeroom teachers also have a Teacher Assistant (TA) in the classrooms. A typical TA has a minimum of a local bachelor’s degree, although many have advanced degrees.

**Facilities**

The school was founded in 1956 and moved to its present site in 1966. It was originally a private home that evolved into a unique educational facility. Over the years the campus has grown into a larger, more contemporary facility. The four-and-a-half-acre campus is now a dynamic educational facility with modern classrooms and state-of-the-art technology that allow our students to develop academically, socially, emotionally, and physically. A purpose-built performing arts auditorium allows parents to take part in regular assemblies and student performances.







**The *LAS* campus facilities include the following:**

- 1:1 laptop program for secondary students (Grades 6-12)
- A 15,000 volume modern library with digital periodicals and EBSCO host database
- Purpose-built science laboratories
- A state-of-the-art auditorium and performing arts complex
- A multipurpose indoor sporting facility
- A 5-lane swimming pool
- A regulation size soccer field
- An outdoor elementary playground with climbing frames
- A cafeteria with indoor and outdoor seating areas
- A health clinic with two qualified doctors on site
- Buff Store
- Elementary art, music and activities area





## Academic Program Overview

At *Lahore American School*, we strive to offer our students a challenging and diverse American and international college-preparatory education. Facilitated by a caring, professional, and specialized staff of teachers, we strive to empower our students to become critical, independent thinkers with the skills to participate dynamically and successfully in an ever-changing global society.

To ensure high standards of excellence, we have developed curricula for our elementary, middle, and high school that offer opportunities for our students to embrace learning and succeed academically. Real-life applications of subject knowledge are accomplished through an integrated core curriculum, complemented by electives that include art, music, drama, and modern languages.

We believe that our approach to teaching and learning should be inquiry/project-based and student-centered and include learning experiences that develop the whole child and that all of our students should be active and responsible participants in their learning. To this end, our school has adopted a definition of teaching and learning:

### Our Definition of High-Quality Teaching and Learning (HQTL):

High-quality teaching and learning at *LAS* is collaborative, student-centered, differentiated, and informed by assessment. Students are empowered and inspired to reach their full potential as engaged learners and are celebrated for their achievements. Teachers seek to build authentic connections between students, families, and local communities and to create an environment of inclusion.

As clear and critical thinkers with a love of learning and the required knowledge and skills, our students are certain to succeed in their future careers as well-rounded, honorable, and responsible human beings who contribute positively to society.

## Early Years



Preschool is a child's first introduction to the school environment. Our preschool is a time to investigate, play, and explore. Our curriculum is based on the interests of the children and is enhanced by music, art, movement, drama, and creativity. Under the guidance of our nurturing educators, our program is based on the principles of respect, responsibility, and community. Children learn best by doing, and in our preschool, we offer small class sizes, well-equipped classrooms, and a range of activities to help your child develop social-emotional skills and to foster the love of learning at an early age.

Elementary School

The instructional program in Pre-Kindergarten through Grade 5 is an integrated American curriculum based on frameworks designed by American Education Reaches Out (AERO), an overseas curricular network funded by the U.S. State Department’s Office of Overseas Schools, and standards and benchmarks from Common Core State Standards, which were developed by the National Governors Association Center for Best Practices (NGA Center) and the Council of Chief State School Officers (CCSSO) and which are widely used (41 states) in U.S. public and private schools.

Our students’ educational experience is strengthened by special offerings in Urdu, Library, Technology, Art, Music, Theater, and Physical Education. In Elementary School, we are committed to developing the whole child through a rigorous academic and social curriculum. The elementary morning meetings take place twice a month in which students exhibit their talent by making presentations on various topics they’ve studied in their classrooms. The annual elementary Tamasha Arts Festival encourages elementary students to make arts and crafts and interact with artisans at work.

Students also have opportunities to participate in a range of educational opportunities through field trips, school-wide events, and a variety of after-school activities. The elementary faculty is characterized by compassion, caring, and commitment to the education of our children. We believe that children learn in many ways and employ a variety of teaching methods and styles. We work to ensure that the elementary school is a safe, secure, and educationally enriching environment for children.

Elementary students are engaged in the following curricular programs:

EnVision Mathematics	myView Literacy	Elevate Science	RULER
----------------------	-----------------	-----------------	-------



EnVision Math, by Savvas, encourages critical thinking and the use of math talk for students to explain their work. This is a problem-based program, based on the U.S. Common Core Standards, and promotes Inquiry and discovery among students. Children and parents will have access to helpful videos and games to enhance their learning.

myView Literacy is a comprehensive K-5 program that builds strong reading, writing, listening, and speaking skills. Aligned with U.S. Common Core Standards, it uses engaging, evidence-based instruction to develop foundational literacy and a lifelong love of language.

Elevate Science is a hands-on, NGSS-aligned program for Kindergarten to Grade 5. It uses real-world phenomena to spark curiosity and guides students through inquiry-based learning. With a focus on collaboration, problem-solving, and scientific thinking, it helps young learners explore, investigate, and see themselves as scientists.

RULER is a research-based social-emotional learning program from the Yale Center for Emotional Intelligence. It helps students and educators Recognize, Understand, Label, Express, and Regulate emotions to build emotional intelligence and foster a positive, supportive school climate.



## Middle and High School Curriculum



The curriculum in secondary school is an American-based college preparatory program with courses based on frameworks designed by American Education Reaches Out (AERO), an overseas curricular network funded by the U.S. State Department's Office of Overseas Schools, and standards and benchmarks from Common Core State Standards, which were developed by the National Governors Association Center for Best Practices (NGA Center) and the Council of Chief State School Officers (CCSSO) and which are widely used (41 states) in U.S. public and private schools. In addition, the high school has a long-time partnership with the College Board and offers an Advanced Placement (AP) program that is both extensive (25 courses) and rigorous.



Advanced Placement Program (AP) and AP Capstone

LAS offers Advanced Placement (AP) courses for all high school students who wish to pursue college-level study. The AP program is a cooperative educational endeavor between high schools, colleges, and universities. It gives exposure to university-level material and provides students with the opportunity to show what they have learned by taking an AP exam.

Based on exam scores, colleges and universities may choose to grant credit, advanced placement, or both. Students who enroll in AP courses at *Lahore American School* are encouraged to sit for the AP exams in May. A student who wishes to enroll in AP courses will be expected to undertake rigorous and sophisticated assignments and to work independently. Most AP courses require multiple-page papers and some research. All AP courses at our school have strict entrance prerequisites and several require a satisfactory score on an entrance exam.



AP Scholar Award Levels

The AP program offers several AP Scholar Awards to recognize high school students who have demonstrated college-level achievement through AP courses and exams. In addition to receiving an award certificate, this achievement is acknowledged on any AP grade report that is sent to colleges. The AP Scholar Awards are academic distinctions for students to cite among their credentials on applications and résumés.

AP Capstone

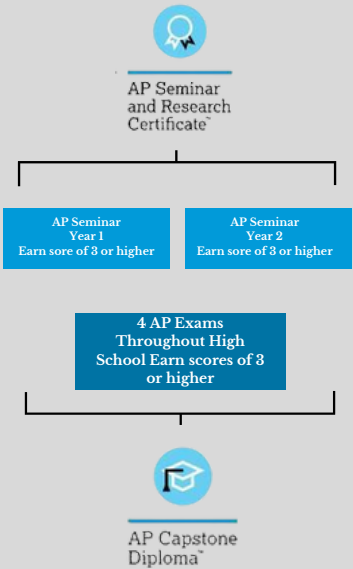
AP Capstone™ is a diploma program from College Board based on two year-long AP courses: AP Seminar and AP Research. These courses are designed to complement other AP courses that the AP Capstone student may take. Instead of teaching specific subject knowledge, AP Seminar and AP Research use an interdisciplinary approach to develop the critical thinking, research, collaboration, time management, and presentation skills students need for college-level work.

Award	Criteria
AP Scholar	Granted to students who receive scores of 3 or higher on three or more AP Exams
AP Scholar with Honor	Granted to students who receive an average score of at least 3.25 on all AP Exams taken, and scores of 3 or higher on four or more of these exams
AP Scholar with Distinction	Granted to students who receive an average score of at least 3.5 on all AP Exams taken, and scores of 3 or higher on five or more of these exams
AP International Diploma	Awarded to students who display exceptional achievement across a variety of disciplines. See eligibility requirements

Note: The AP Capstone Diploma™ and AP Seminar and Research Certificate™ are reported to colleges and universities as AP Scholar Awards and appear in Scholar Roster reports.

AP Courses offered at LAS:

AP Studio Art AP	AP 2D Design	AP Biology	AP Calculus AB
Calculus BC	AP Chemistry	AP Comp. Sci.	AP Seminar
AP English Language and Composition	AP English Literature and Composition		
AP Physics AP	AP Psychology AP	AP Statistics AP	
Economics AP	Microeconomics AP	Macroeconomics AP	
World History	Comparative Government	Environmental Science	





**Counseling and Well-being Services**

Counseling services at the *Lahore American School* are diverse and cater to all three sections – elementary, middle, and high school. The counselors assist students with academic, personal, social, emotional, or family issues or concerns. Consultations with the counselor are kept confidential. All students see their Counselors throughout the year. Students may drop in anytime – before or after school, during study periods, or breaks and lunch.

**Child Safeguarding**

We believe that every child has the right to develop themselves physically, emotionally, and intellectually while being protected from any form of violence, abuse, or neglect. Child abuse and neglect are concerns throughout the world and are violations of a child’s human rights. These are also obstacles to their education and well- being as well as their physical, emotional, and spiritual development. We endorse the UN Convention on the Rights of the Child and seek to be a safe place for all our students.

**College and Career Counseling**

The high school guidance office helps students navigate the rigors of college and career planning and the university application process. Students complete several career assessments, attend sessions on best practices in college admissions, and meet college representatives worldwide.

Our counselors utilize the BridgeU student guidance system to help facilitate university applications. Consequently, with most of our graduates attending colleges and universities worldwide, our caring, specialized, and professional staff is committed to developing and delivering a rigorous course of study that is individualized to meet each student's academic goals and needs. To this end, we have 3 guidance counselors on staff supporting our students by developing “Academic Plan(s) for Student Achievement” (APSA) that not only respect the passions of our students but are geared toward ensuring acceptance into major universities worldwide.

**College Acceptances**

*Lahore American School* is proud of the achievements of our students. The following are university acceptances for the class of 2024 – 2025:

University of Oregon Baylor University Fordham University University of Massachusetts Pennsylvania State University Rutgers University Northeastern University Michigan State University UC San Diego Arizona State University Washington State University UC Santa Cruz Purdue University Drexel University University of Texas University of Colorado at Boulder Chapman University Parsons The New School	Queen Mary University of London University of Manchester King’s College London University College London University of Exeter Royal Holloway Manchester Metropolitan University University of Westminster City University Toronto Metropolitan University Simon Fraser University Wilfrid Laurier University York University Trent University University of Toronto University of Toronto University of Western Ontario McMaster University	Queen’s University University of Windsor University of Waterloo University of Guelph University of Calgary University of Sydney University of Melbourne American University of Sharjah Royal College of Surgeons of Ireland, Bahrain Rochester Institute of Technology, Dubai University of Hong Kong LUMS – Lahore University of Management Sciences
---	---	---

## Student Support Services

Our student support services seek to accommodate a range of abilities and interests. LAS provides services for children with mild to moderate learning differences through the Learning Support Program.

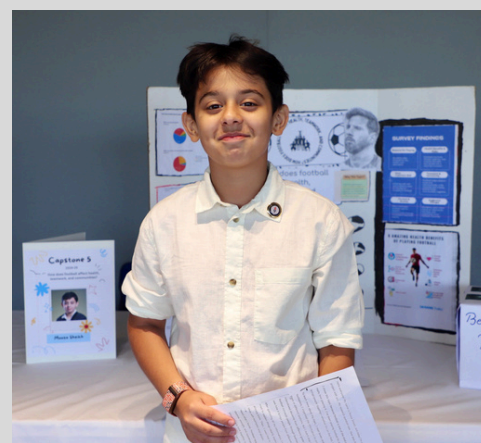
## Learning Support Program

The Learning Support Program is designed to help students with learning differences achieve success in the regular academic program as well as increase each student's skill levels. The Learning Support teacher is available for inclusion in all core areas of instruction. Instruction during pullout classes is 1:1 and in small groups.

Students receive specific academic assistance necessary for success in the regular program. Emphasis is on developing reading, writing, math skills, learning strategies and organizational skills. Pre-teaching, re-teaching, supplemental materials, and developing student awareness of their own individual learning profiles all reinforce concepts.

## Community Service

Community Service investigates social issues and problems facing local and global communities. Our students have the opportunity to discuss, research, and ponder significant issues that directly affect these communities. We endeavor to give students hands-on experience working with various social issues dealing with issues like hunger, homelessness, the environment, education, and health services and provide opportunities to work together toward developing and instituting creative solutions for these problems.







## Extracurricular Activities

### Elementary School

The Elementary School offers an after-school activities program and a variety of sports and clubs are offered periodically throughout the year. These extracurricular activities include the following:

Assemblies

Field trips

Music performances

Pakistani culture day

Special projects

Fine arts festival

Winter carnival

SAISA

SAISA West

### Secondary School

In secondary, students participate in student government, Model United Nations, Week Without Walls, National Honor Society, Near East South Asia Council of Overseas Schools (NESA) math competitions, art, drama, music, theater, and service-learning, as well as a variety of other clubs and sports.

LAS is a member of the South Asia Inter-School Association (SAISA), which sponsors both athletic and fine arts competitions. Our SAISA sports program offers our students opportunities to compete locally and internationally in several sporting events including swimming, soccer, badminton, cricket, and basketball. Varsity sports teams for middle and high school represent our school at tournaments hosted by SAISA schools in countries throughout the region. In previous years we've competed at events in Bangladesh, Nepal, Sri Lanka, and Oman.





Student achievement is both promoted and recognized throughout the school year in events promoting academics, leadership, citizenship, and service.

**South Asian Inter-Scholastic Association (SAISA)**



**Model United Nations (MUN)**



**National Junior Honors Society (NJHS)**



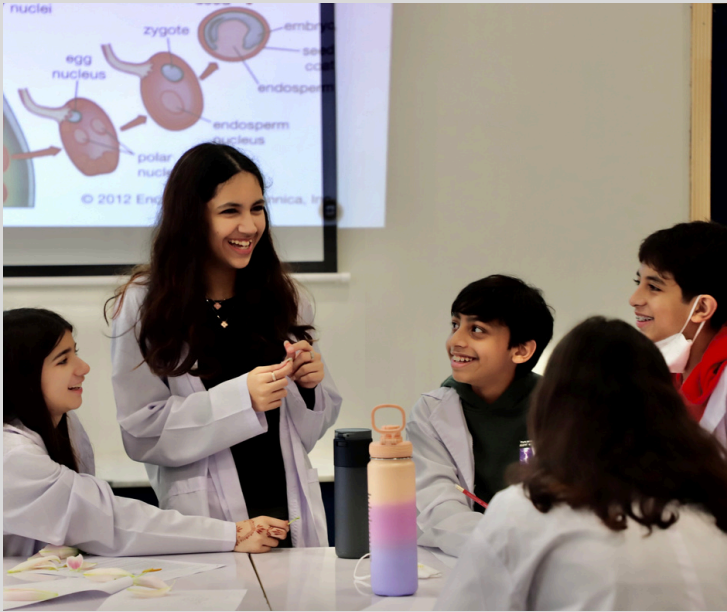
**National Honors Society (NHS)**



**National Arts Honors Society (NAHS)**



**Week Without Walls (WWW)**





## Admissions at Lahore American School

Our school is welcoming applications from all interested families. Admission to Lahore American School is open to local and international students from Preschool to Grade 11 upon the successful completion of our admissions requirements.

- We urge parents to complete their applications as soon as possible as all admissions are honored on a first come first serve basis.
- In the case that a child has been accepted, but a class opening does not exist, we will place the student on our waiting list
- All students applying to our school in Grades 1 to 11 are tested in reading, writing, and mathematics. If the student's first language is not English, testing for English as a Second Language (ESL) can also be undertaken and support provided if needed
- Testing for admission will only commence after all relevant paperwork has been completed and received by the Admissions Office.
- Grade 12 students can only be accepted if they are arriving in Lahore from a fully accredited international or American school and can fulfill all admission requirements.

We look forward to welcoming your family to *Lahore American School*.



"Passion – Innovation – Collaboration"



**Lahore American School**  
Established 1956

15 Upper Mall, Canal Bank, 54000  
042 3576 2406/7/8  
Admissions@las.edu.pk  
[www.las.edu.pk](http://www.las.edu.pk)

